



Waukesha County's Neurology & Sleep Solutions

262-522-3070

Pewaukee, Mukwonago & Delafield



Neurological Education - Parkinson's Disease

Parkinson's disease is a neurological movement disorder that is characterized by tremors of the body and extremities. In recent years, celebrities like Michael J. Fox and Muhammad Ali, have actively made the public aware of the disease. Parkinson's is a progressive nervous system disorder that starts slowly with barely even a noticeable tic or movement. As time goes on and depending upon the individual, the tremors can become severe to the point of being incapacitating. Unfortunately, there is no cure for Parkinson's disease. Fortunately, with early detection and diagnosis, a person can control the symptoms with a proper treatment regimen.

Elements of a Parkinson's exam include:

- The doctor looks to see if the patient's expression is animated.
- Patient's arms are observed for tremor (present either while arms are at rest or extended).
- The doctor checks for stiffness in patient's limbs or neck.
- The doctor observes if patient can rise from chair easily.
- Patient's gait is observed. Does patient walk normally or with short steps? Do patient's arms swing symmetrically?
- The doctor will pull patient backwards. How quickly is patient able to regain balance?

During the exam, the doctor will look for signs of resting tremor, bradykinesia, rigidity and postural instability.



Parkinson's Symptoms

Parkinson's symptoms start slow and the diagnosis of this disease in the early stages is difficult. However, our skilled professional neurological staff can take a look at your neurological history and perform a complete assessment.

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Dr. Sean A. Jochims offers care in sleep medicine, sleep disorders, sleep apnea, CPAP machines, CPAP masks, CPAP supplies, EMG and EEG testing, spine disease (including neck / back pain and radiculopathy), muscle / nerve disease, nerve conduction studies (including carpal tunnel syndrome and neuropathies), headaches, epilepsy and movement disorders (including Parkinson's disease, tremors and Botox treatment).