



Routine EEG Procedure Preparations

EEG (electroencephalography) is a test that measures brain wave activity. This test detects tiny electrical impulses from your brain cells. The rhythms and shapes of your electrical brain signals are recorded and measured by a trained technician and then analyzed by Dr. Jochims to determine your test results.

Why is an EEG ordered? Your doctor ordered this test to check for seizures or other brain problems.

- **Before your test:** Wash and dry your hair. Do not use any hair products. Take your routine medications unless you were instructed not to do so. You may be asked to sleep during all or part of the EEG test. To help you do this, you may be instructed to stay awake all or part of the night prior to your test. Please arrive 15 minutes before your scheduled appointment to allow adequate time for the check-in the process.
- **Length of test:** Approximately 45-60 minutes.
- **During your test:** You will sit in a chair or lay down on an exam table. The technologist will measure certain points on your head. He/she will mark the spots on your head using a special pencil where the electrodes will be placed. Electrodes are approximately 23 small disks that will be attached to your head/scalp and then connected to a recording device. This device reads your brain waves. During the test, the technologist may ask you to perform certain activities. For example, open and close your eyes, breathe rapidly/deeply, go to sleep, etc.
- **After your test:** The electrodes will be removed by the technologist. Once home, you can wash your hair to remove any remaining glue, gel or paste from the electrodes. Resume your normal activities. If any medications were stopped prior to your test, ask your doctor when these can be resumed.

Dr. Jochims will communicate your test results to both you and your referring doctor. Results will be available approximately 7-10 days after your tests.

Precautions: For your personal safety, please let the technologist know if you:

- Have a history of bleeding problems
- Take blood thinners (anticoagulants) or aspirin
- Have immune system problems
- Have had neck or back surgery

My appointment with: **Neurological Wellness Clinic, (262) 522-3070**

Procedure: Routine EEG

Ordered by: Dr. Sean A. Jochims

Name: _____

Date: _____ **Time:** _____ PM / AM

Location:

725 American Ave., Waukesha (Waukesha Memorial Hospital); **Other:** _____